

## The Diving

With many world renowned reefs within easy striking distance, Paindane rates as one of the best dive spots on the African East Coast. Manta reef is unique and has been rated as one of the ten best worldwide, with excellent visibility and virtually hundreds of mantas that have made this reef their home.

The coral garden lies inside the lighthouse reef in 2 - 3 meters of water, and is rated by Mike Slater (Guide to Mozambique) as one of the very best snorkeling spots of the African East Coast.

On a good day, visibility extends to as much as forty meters, with thousands of tropical species to be viewed by the entire family.

Jangamo Reef is well known for its incredible whale shark diving opportunities. Definitely one of the top places in the world to encounter the majestic whale sharks, divers are starting to slowly but surely rediscover Mozambique. You do not even need a CMAS or other dive qualifications to dive with these amazing gentle giants. You can simply swim or snorkel with them and marvel in their awesome size and beauty.

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Whale Sharks and the odd Humpback Whale are known to be seen all year round but the waters are heavily populated during the Mozambique summer months (September - February).Â Please note that February is the known time of year for Cyclones so if you do come then there is a chance of being caught up in a cyclone.

Obviously the visibility drops dramatically during this month if cyclones do hit the coast.

Please remember to dive responsibly with whale sharks. Your dive master will remind you about the rules regarding diving with whale sharks such as how close you are allowed to approach the whale shark, touching the whale shark etc. Be a safe and responsible diver because even though the whale sharks show no threat to divers they are very powerful sharks and should be respected.

Bottlenose dolphins are the most commonly sighted species along our stretch of coastline. They can be incredibly playful and often surf the

bow waves of our diving boat. Depending on what mood they are in, they sometimes allow us the opportunity to get into the water with them.

Manta Reef is Paindane's showcase dive. World famous for the two Manta cleaning stations, first discovered by Carlos do Rocha in the 1960's. Since then this site has attracted marine biologists, cameramen and divers from around the world.

Paindane's biggest attractions are the abundance of Manta Rays and Whale Sharks which can be seen on most of our reefs. Generally the visibility is between 10 and 30 metres with an average of 20 metres. The water temperature in the Indian Ocean varies from 23 to 29°C. All our dive sites feature an abundance of coral and are all reef dives.